



Helping Your Child Set Goals

The ability to set goals and follow through is a valuable life skills. Having this ability to achieve goals enables our children to develop confidence and self-esteem, believing that they are capable and strong.

Come and join us in understanding how parents can help the child in the mastery of setting goals and reaching them. Pick up skills and approaches in helping your child to set goals so that they will not get discouraged easily and turn into underachievers.

About the speaker – Ms Irene Ong

Irene is a certified ACTA Trainer, Certified DISC Analyst and MSF approved family Life education speaker. She has Masters in Counseling and has been conducting parenting talks for more than 5 years.

Currently, besides being a speaker/trainer, she offers counseling services at Family Service Centre, targeting youths, adults and families. She also conducts anger management for youths and young adults as well as marital counseling for couples etc.

Irene is active on volunteer work and has been consistently devoting much of her time to families on the ground by volunteering at various Voluntary Welfare Organisations and helping out at many grassroots activities to bond and build strong families.

DATE :	8 OCTOBER 2016 (SATURDAY)
TIME :	10AM – 12NOON(2 HRS)
VENUE :	KRANJI ART ROOM 2 (NEXT TO SECURITY)
FEES :	FREE

For registration, please SMS
“KJSS + Your name (s) + Your Child’s Name + Class”
to
FM coordinator, Mdm Michelle Khoo at
91593864
(You will receive confirmation via SMS)



Organised by:
Kranji Secondary School
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